



कार्यालय प्रधानाचार्य/मुख्य कार्यपालन अधिकारी

शासकीय स्वशासी अष्टांग आयुर्वेद महाविद्यालय एवं चिकित्सालय,
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आजादी का
अमृत महोत्सव

फ़ॉन्स/एकेडमिक-01/एफ/2022/ इन्दौर, दिनांक : 16/04/2022

Transitional curriculum

For BAMS 1st year students 2021-22

Duration :- 90 hours

Date	Time	Programme	
26 April 22 (Day - 1)	11 AM – 12 PM	Inaugural Function	Guest
	12 PM – 1 PM	Interaction with Students & Parents & Institutional profile	By Principal sir
	1 PM – 2 PM	Lunch	
	2 PM – 3 PM	Pre-test	By T.C. Committee
	3 PM – 5 PM	Sanskrit language orientation & Vadatu Sanskritam	Sanskrit Bharti
27 April 22 (Day - 2)	11 AM – 12 PM	Opinion by senior students & Rules and regulations of campus, code of conduct, Dress code	Senior students & Committee
	12 PM – 1 PM	An overview of BAMS curriculum & subjects, including highlights of the minimum standards of education -2021	Dr. A.P.S. Chauhan Dr. Pradeep Chouhan Dr. Shailesh Shukla
	1 PM – 2 PM	Lunch	
	2 PM – 3 PM	Stress management	Dr. S.K. Nayak
	3 PM – 5 PM	Sanskrit language orientation & Vadatu Sanskritam	Sanskrit Bharti
28 April 22 (Day - 3)	11 AM – 12 PM	Ayurveda's national & international reach, higher education in Ayurveda, job opportunities, entrepreneurship etc.	Dr. Dinesh Malviya
	12 PM – 1 PM	Institutional officials & their roles in the hierarchy. Office related procedures, leave related, campus behavior	Dr. Pradeep Chouhan
	1 PM – 2 PM	Lunch	
	2 PM – 3 PM	Motivational lecture by eminent person	Dr. Somendra Mishra
	3 PM – 5 PM	Sanskrit language orientation & Vadatu Sanskritam	Sanskrit Bharti
29 April 22 (Day - 4)	11 AM – 12 PM	Time management, examination strategies etc.	Dr. Surbhi M Jain
	12 PM – 1 PM	Motivational lecture by eminent person	Dr. Prachi Kawthekar

	1 PM – 2 PM	Lunch	
	2 PM – 3 PM	Motivational lecture by eminent person	Dr. Satish Agrawal
	3 PM – 5 PM	Sanskrit language orientation & Vadatu Sanskritam	Sanskrit Bharti
30 April 22 (Day – 5)	11 AM – 12 PM	An introduction to various medical systems	Dr. Ashish Tiwari
	12 PM – 1 PM	Orientation of Regulatory/Governing Bodies (Ministry of Ayush, NCISM, affiliated universities, state commissionerate/ Directorate etc.) & introduction of their heads	Dr. Pradeep Chouhan
	1 PM – 2 PM	Lunch	
2 May 22 (Day – 6)	2 PM – 3 PM	ASUS medical systems & their roles in primary health care, public health & disease prevention	Dr. Dinesh Gaur
	3 PM – 5 PM	Sanskrit language orientation & Vadatu Sanskritam	Sanskrit Bharti
	11 AM – 12 PM	Motivational lecture by eminent person	Dr. Sheetal Kumar Solanki
4 May 22 (Day – 7)	12 PM – 1 PM	Computer skills & App installation	Mr. Manoj Pawaya DAVV
	1 PM – 2 PM	Lunch	
	2 PM – 3 PM	Basic life support & First Aid	Dr. Shweta Verma
5 May 22 (Day – 8)	3 PM – 5 PM	Sanskrit language orientation & Vadatu Sanskritam	Sanskrit Bharti
	9 AM – 10 AM	Yoga and meditation & Relaxation techniques	Mr. Vishal Kumarawat
	10 AM – 11 AM	Personal health and hygiene	Dr. Shirish Shrivastav
6 May 22 (Day – 9)	11 PM – 12 PM	Lunch	
	12 PM – 1 PM	Computer skills & App installation	Mr. Manoj Pawaya DAVV
	1 PM – 2 PM	Sanskrit language orientation & Vadatu Sanskritam	Dr. Shailesh Shukla
6 May 22 (Day – 9)	2 PM – 3 PM	Personality Development & Goal Setting	Mr. Kulwant ji
	9 AM – 10 PM	Yoga and meditation & relaxation techniques	Ms. Vaishali Nikum
	10 AM – 12 PM	Lunch	
6 May 22 (Day – 9)	12 PM – 1 PM	Computer skills & App installation	Mr. Maonj Pawaya DAVV
	1 PM – 2 PM	Sanskrit language orientation & Vadatu Sanskritam	Mrs. Anjali Nayak
	2 PM – 3 PM	Personality Development & Goal Setting	Mr. Kulwant ji
6 May 22 (Day – 9)	11 AM – 12 PM	Sanskrit language orientation & Vadatu Sanskritam	Mrs. Anjali Nayak

	12 PM – 1 PM	Computer skills & App installation	Mr. Manoj Pawaya DAVV
	1 PM – 2 PM	Lunch	
	2 PM – 3 PM	Gender sensitization	Dr. Zahida Nagori/ Dr. Preeti Harode
	3 PM – 4 PM	Yoga and meditation & relaxation techniques	Dr. Reeta Sharma
	4 PM – 5 PM	Sports activities	Dr. Hariom Parihar Dr. Atul Jain
7 May 22 (Day – 10)	11 AM – 12 PM	Sanskrit language orientation & Vadatu Sanskritam	Mrs. Anjali Nayak
	12 PM – 1 PM	Computer skills & App installation	Mr. Manoj Pawaya DAVV
	1 PM – 2 PM	Lunch	
	2 PM – 3 PM	Motivational lecture by eminent person	Dr. Ramveer Sharma, Udaipur
	3 PM – 5 PM	Library visit, Library related procedures, internet related, availing health care facilities	Dr. Hariom Parihar, Mr. Navneet Vijayvargiya,
9 May 22 (Day – 11)	11 AM – 05 PM	Institutional Visit to Pharmacy	Dr. Vimal Arora
10 May 22 (Day – 12)	11 AM – 12 PM	Orientation to learning methods- Self learning, collaborative learning, lifelong learning strategies	Dr. Ranjeeta Nahariya
	12 PM – 1 PM	Computer skills & App installation	Mr. Manoj Pawaya DAVV
	1 PM – 2 PM	Lunch	
	2 PM – 3 PM	National health status, Goals and policies	Dr. S.K. Das Adhikari
	3 PM – 4 PM	Basic life support and First Aid	Dr. Akhlesh Bhargava
	4 PM – 5 PM	Communication skills,critical thinking, soft skills, empathy and respecting conduct	Anamika Sisodia
11 May 22 (Day – 13)	11 AM – 12 PM	Basic life support & First Aid	Dr. Nitin Urmaliya
	12 PM – 1 PM	Health Awareness Fitness & Hygiene	Dr. A.P.S. Chauhan
	1 PM – 2 PM	Lunch	
	2 PM – 3 PM	Motivational lecture by eminent person	Vd. Tapan Vaidya Ahmedabad
	3 PM – 5 PM	Know your campus	Dr. Ajit Ojha Dr. Atul Jain
12 May 22 (Day – 14)	11 AM – 1 PM	Know your campus	Dr. Anuruchi Solanki Dr. Priti Hardenia
	1 PM – 2 PM	Lunch	
	2 PM – 3 PM	Basic life support and First Aid	Dr. Rohit Khatik
	3 PM – 4 PM	Confidence and personal growth, speaking in front of audience etc. Team building activities	Anamika Sisodia

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	4 PM – 5 PM	Role of AYUSH in Covid-19 management and its scientific outcomes (Ref. Ministry of Ayush Dossier)	Dr. Neeraj Kanungo
13 May 22 (Day – 15)	11 AM – 12 PM	Post test & Feedback	By T.C. Committee
		Recreational activities and talent show	Dr. Dharmendra Sharma


(Dr. Satish Chandra Sharma)
Principal / CEO